



Free New Event November 2024

\*\*\*\*Reaching New Heights\*\*\*\*

## Speed Friending Event

Neurodiverse and Neurotypical Community: Ages 22-35 & 36-50

If you are looking to make new friend connections  
Speed Friending is a revolutionary way to meet new friends in your  
area from the comfort of your own home on Zoom  
This fun event is perfect if you are looking for a new friend for any of  
the following reasons...

### Activity Partners for

Dinner

Movies

Dances

Gaming

Bowling

Hanging out

And of course..... Friendship

All events are Free and hosted by a certified life coach/transition specialist

- Nassau County, New York Nov 4,2024 6:00 (EST)
- Suffolk County, New York Nov 8,2024 6:00 (EST)
- Montgomery County, Maryland Nov 5,2024 6:00 (EST)
  - Nova Scotia, Canada Nov 6,2024 6:00 (EST)
- Lancaster County, Pennsylvania Nov 7,2024 6:00 (EST)
  - Co-Sponsor an event in your County

To schedule a 15-minute consultation call, receive an application, and an event invite  
visit [keatingcoaching.net](http://keatingcoaching.net) or e-mail [keatingcoaching@gmail.com](mailto:keatingcoaching@gmail.com) or text 631-807-5328

Keating Coaching helps people with or without developmental and intellectual disabilities find  
their place in the world. We work with teenagers and adults – as well as their parents and  
caregivers – in person and virtually across the United States and Canada  
[keatingcoaching.net](http://keatingcoaching.net) 631-807-5328 [keatingcoaching@gmail.com](mailto:keatingcoaching@gmail.com)

# Speed Friending Event

## Neurodiverse and Neurotypical Community

PLEASE PICK ONE

- Nassau County, New York
- Suffolk County, New York
- Montgomery County, Maryland
  - Nova Scotia, Canada
- Lancaster County, Pennsylvania
- Co-Sponsor an event in your County

Date \_\_\_\_\_

### Parents

Name: \_\_\_\_\_  
Email: \_\_\_\_\_  
Cell: \_\_\_\_\_

### Young Adult

Name: \_\_\_\_\_  
Email: \_\_\_\_\_  
Cell: \_\_\_\_\_  
Age: \_\_\_\_\_

Interests \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Call/Text a photo of the form 631-807-5328  
<https://calendly.com/keating-coaching/15-minute-consultation-clone>

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keatingcoaching.net 631-807-5328 keatingcoaching@gmail.com

## **Event Requirements**

- Fill out an application and send it back either through an e-mail keatingcoaching@gmail.com or take photo of it and text it 631-807-5328
- Schedule a 15-minute evaluation call to make sure you are placed in the correct group
- Sign a release form
- Show up to your scheduled group time
- Be willing and open minded to meet new people

## **How the program works**

- After your application has been reviewed and you've had your 15-minute consultation, you will be placed in a group that best supports your needs and the commonalities of other participants.
- The day before the event you will receive an e-mail with all participants' first names.
- You will also be receiving an event document. This is to help you keep track of the individuals you may want to have a friendship with. It is broken down into four parts. 1-Name, 2-Yes let's get to know each other better,3-No thank you and a note.
- Those sheets will be sent back to Keating Coaching, and they will be compiled by staff.
- Within the next two days, the caregivers will receive an e-mail with all the participants that had an interest in continuing the friendship along with the contact information their caregivers.
- The last step would be for the caregivers to reach out to each other and decide what would be the next best step for the individuals to start the friendship.

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